

Tips for Padel lovers (Coaches and players)

# OFF THE BACK WALL



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## Strategy tips III: HOW TO BUILD THE POINT AT THE NET

**Where should I place my volleys? What is the best way to win the point when we are at the net?**

I usually use a term to make players understand easily: **We need to become STRATEGICALLY OFFENSIVE.**

That means that we need to hurt the opponents while placing the ball properly (right place, spin and speed) while making them move to push them to miss the ball. And we need to do so without taking extra risks.

We should be making decisions that let us play shots where we can be successful over 85% on average.

### 1. PICK & STICK: looking for space and the power of the compound effect

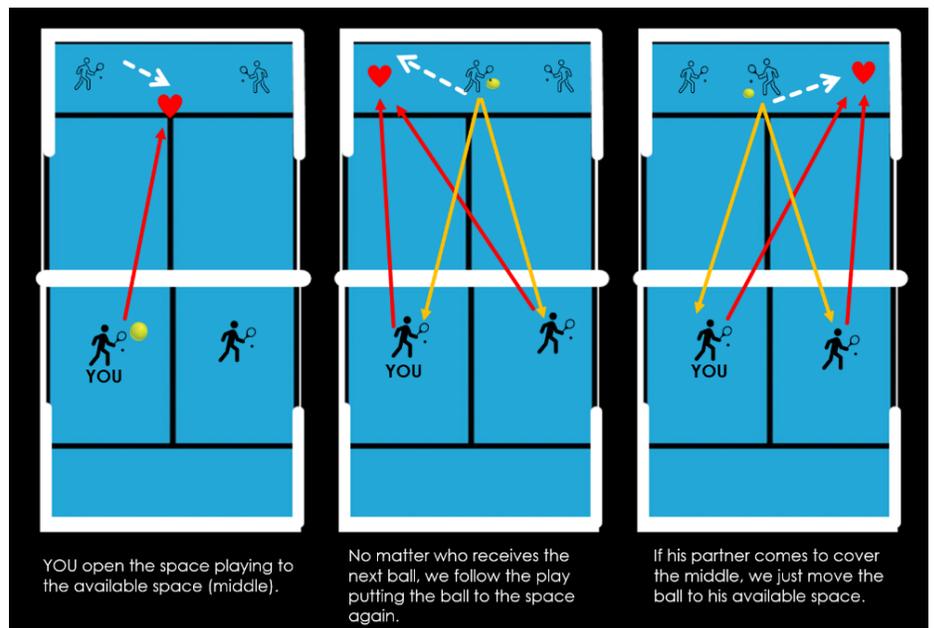
If this concept sounds familiar to you, try to apply it to your Padel game. I encourage you to start building the point with a tactics game pattern. This is the best way to go one more step beyond in terms of strategy while challenge yourself in every game. By doing this, you will force your opponents to make more mistakes since they must move continuously. Let's approach one point from this point of view: every time you keep the ball in play, you get 50 % of chances of them to miss it, right? So, if you do it once, your probability of you winning the point is 50%. By doing it twice, you not only get the 50% of the first ball, but also a 50% of the second one. And then the third, the fourth and so on.

So now, it is very easy to understand that the more balls you keep in play, the more chances you have for them to miss and then winning the point. Even if you did not take any risk.

**That compound effect works even better if you play to the same player instead of distributing balls to each other.** And obviously, it dramatically increases if you make them hit the ball when moving or they are in uncomfortable situations.

The point in here is to play to the space available (generally the middle of the court) and then stick with the player that hit that first ball moving him as much as you can. You just need to look for the space at the opponent's field and try move the ball to the available space whenever possible. If at any time the opponent helps his partner, we move the strategy towards the other player with the same pattern. I call this "Looking for space".

With this, I just want to reaffirm the concept of repeating and playing safe shots so that the probability itself and the statistics will work in your favor.



The good thing about working by leveraging your own success and playing to put as many balls as possible in, is not only that you increase your chances of winning but, altruistically, you become a player who facilitates the progress of others and with whom it is very fun to play.

We all want to play with those types of players who offer us the option to improve with long and competitive rallies. So now that you know, try to become one of them!!

Do you want to know more evolved concepts for tactics at the net? Don't miss out on the next issue of FLORIDA TENNIS to get some more tips on how to become more effective at the offensive area. We will share some more ideas on how to follow game patters and to build the point properly. We hope that helps you to become a better Padel player!

See you all soon. Best Padel experiences ever,

If you are interested in more, do not hesitate to contact Marcos to **GET CERTIFIED IN PADEL** ([marcos@allracquetsports.com](mailto:marcos@allracquetsports.com)) and become part of the group of ambassadors that will lead the Padel wave coming in the USA.